



# The School of St Jude

Fighting poverty  
through education

## Karibu Sana

[Karibu sana means you are very welcome in Kiswahili!]

Welcome to The School of St Jude and Tanzania. We are sure you will enjoy your visit to our school. Here you will find all the information you need to make the most of your experience at St Jude's and explore Arusha.





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# About St Jude's

## Who we are

The School of St Jude is a pioneering leader in charitable education within Africa. We provide:

- 1,800 students with free, quality education
- 100s of graduates with access to higher education
- 17,000+ government school students with volunteer teachers each year.

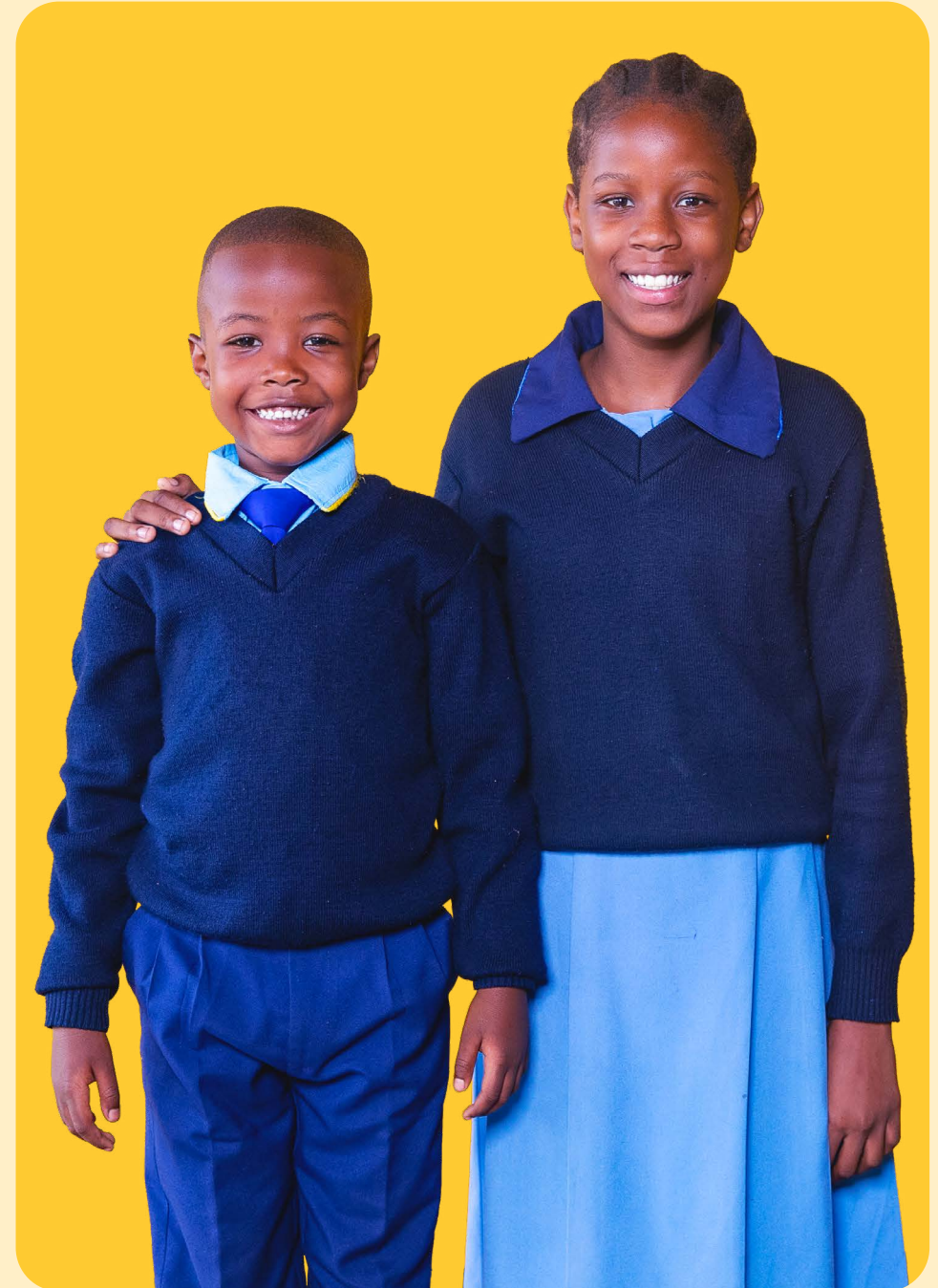
Our school strives for academic and moral excellence; we encourage students to do more than just succeed. We empower them to become community-focused leaders who challenge the status quo and find solutions to the prevailing problems that cause widespread poverty in Tanzania.

At St Jude's, we create a holistic environment that promotes the development of a well-rounded person; graduates who have fulfilled their academic potential as well as exhibiting Respect, Responsibility, Honesty and Kindness; young leaders who can think, reason and, above all, share this ethos with their community.

## Who we help

St Jude's offers academic scholarships to students who come from a considerably poor background, yet demonstrate academic promise and a great attitude towards studies.

Our strategy is to select the brightest and poorest students, offer them an academic scholarship, then source sponsors and donors to support their education. We offer primary school scholarships to students from the Arusha region, and secondary school scholarships to students from Arusha, Manyara and Kilimanjaro regions. We feed them, house them, educate them, and ensure our students' wellbeing and future success. As a result, we have three schools filled with happy and healthy students in a country where children frequently drop out of school.







## Where are we located?

### Sisia Campus, Moshono

Sisia Campus provides educational facilities for students attending our co-educational primary school, and our girls' O Level school (Form 1 to 4, the first four years of secondary).

This 10-acre campus was built on the initial land that was gifted to St Jude's Founder, Gemma Sisia. It is home to two schools, each equipped with modern classrooms, sports fields, playgrounds, science and computer labs, well-stocked libraries, dining and assembly halls.

St Jude's Head Office and Visitors Centre are also located on this campus.

### Moivaro Boarding Campus, Moivaro

Just a short walk from Sisia Campus is Moivaro Boarding Campus. The boarding houses and facilities are spread across 10 acres and it's a 'home away from home' for a capacity of 600 female secondary students, who board during school terms and return to their family homes during school holidays.

This modern boarding campus is equipped with a sports field, study rooms, dining and assembly hall, comfortable boarding rooms and everything our students need to focus on their life-changing education.

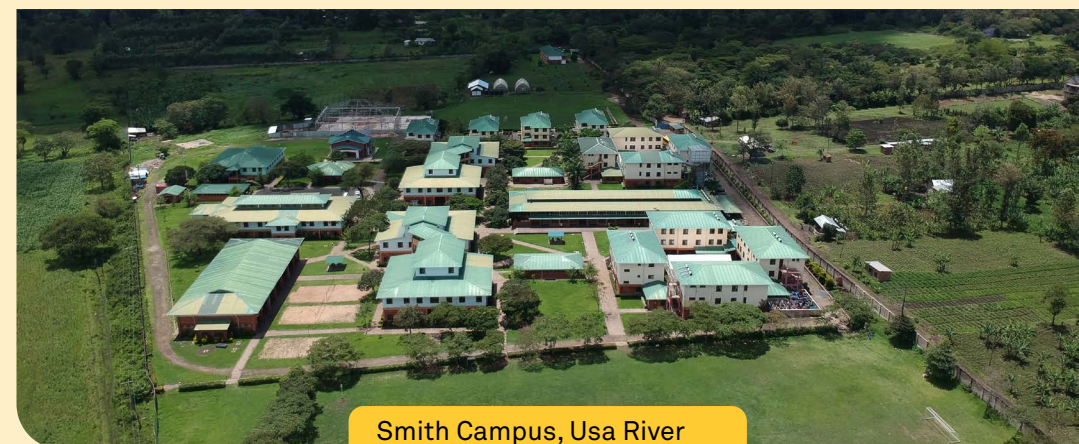
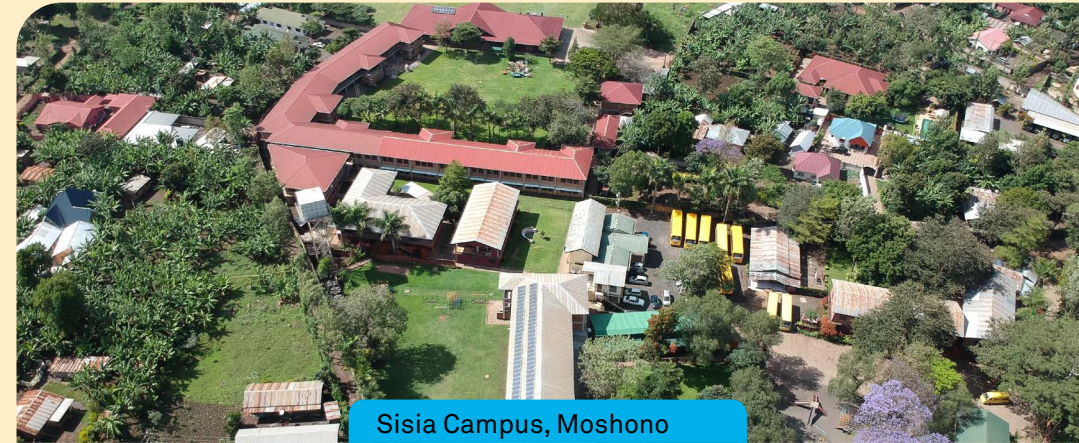
### Smith Campus, Usa River

Smith Campus provides educational and boarding facilities for students attending our O Level boys' secondary school (Form 1 to 4, the first four years of secondary) and our co-educational A Level school (Form 5 and 6, the last two years of secondary).

Our secondary students board during school terms and return home during school holidays.

Situated on 30 acres in Usa River, Smith Campus is equipped with modern classrooms, science labs and computer labs, a well-stocked library, dining hall and assembly hall, sports fields and courts, and a five-acre farm.

A St Jude's shuttle runs between Sisia Campus and Smith Campus, and vice versa, on weekdays. The shuttle leaves each campus at 9am and 2pm, during term time.







## Why we're a pioneering leader?

With support from our international family of supporters, St Jude's offers academic scholarships to bright, poor students through a fair and thorough process that ensures St Jude's fulfils its vision and mission.

Our approach has always been different from child sponsorship agencies that financially support a child's home life. We focus on education as a means of alleviating poverty. We are:

- The largest school of its kind in Africa.
- Forerunner in community service and tertiary scholarship programs.
- Achieving academic excellence, typically ranking in the top 5% nationally and previously
- Educating holistically, providing our students with not just an exceptional academic program but also enrichment programs to ensure their overall life-skills development.
- Secured the number 1 spot in the country for Advanced Mathematics in the Form 6 National Exam.
- Enriching learning with well-equipped science and computer labs and libraries.
- Prioritising nutrition with nourishing daily meals and clean water.
- Optimising health with annual checks by international volunteers.
- Maximising attendance with safe and reliable bus transportation for 100% of our day students.
- Providing safe and nurturing boarding facilities for 100% of our secondary students.
- Achieving top results in inspections by the Tanzanian Department of Education.
- Proving our robust reputation with 100% transparency and an outstanding visitor program, welcoming over 1,300 visitors annually.





# Safety

Personal safety can be a major concern for new travellers to an African country. In Tanzania, we're fortunate to be free from civil unrest and violence. However, it is important to remain vigilant and carry minimal belongings with you at all times. Don't leave your valuables lying around, and we suggest that you lock your doors when not in the room.

Walking alone outside the school gates at night is not advisable. If you would like to go out at night, please use a taxi recommended by the school.

**Here are the contact details for trusted taxi drivers:**

- Burhani: +255 754 756 700
- Leonard: +255 754 568 398

Foreigners are seen as wealthy, so it is not advisable to carry valuables in your handbags. Bumbags or body belts are recommended if you need to carry a lot of money. Should your bag be snatched, hopefully, you won't have much value in it, and since the bag can be replaced, let it go. Most people who might do this are after valuables and do not intend physical harm.

You should also not leave your valuables out and visible while travelling around town. Please do not leave phones or electronics on tables while out in bars and restaurants as they are tempting targets.

You are more than welcome to leave valuables in our school safe. However, please note that you can only access the safe between 9am and 11am Monday to Friday. So, if you depart in the afternoon or on a weekend make sure you arrange to get everything out of the safe by Friday afternoon.

We have guards (askari) patrolling the school grounds 24 hours a day. They are very friendly, so please feel free to say Mambo to them as you pass by (mambo means hello in Kiswahili)! You will often hear the guards walking through the grounds in the evening or early morning; please don't be alarmed by their footsteps, it means the school is very safe.





# Health and medical support

## Drink only boiled or bottled water.

Upon arrival, a bottle of water is provided in your room. You can boil water and refill this bottle or purchase water from the shops outside the school, The Waterhole or the Visitor team.

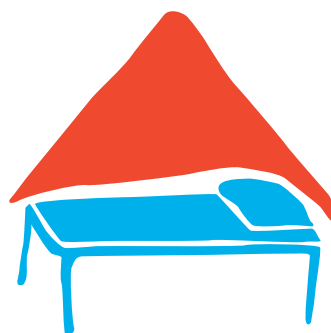
## Wash your hands!

The best advice we can give you in Tanzania is to wash your hands, again and again, but especially before you eat, or alternatively, become good friends with your hand sanitiser.

It is advisable to carry toilet paper with you outside the school. There are some western-style toilets in town, but most of them are squat toilets with varying cleanliness levels. You should always avoid eating or giving someone something with your left hand, as this is considered the toilet hand. If you are sick at all, please let us know.

Most visitors take anti-malaria medication, but these tablets are not 100% effective. Avoid mosquito bites by:

- Using insect repellent at dawn, dusk, and in the evening.
- Covering your body by wearing (preferably light-coloured) long-sleeve tops and trousers at dawn, dusk, and in the evening.
- ALWAYS sleeping under a mosquito net.



There are various medical clinics available in Arusha. For Tanzanians, the first point of call is the hospital, not the GP. A fee is charged for services (small in comparison to western fees).

### Most international staff members at St Jude's use:

- Aga Khan Health Centre
- Arusha Lutheran Medical Centre (ALMC)
- Arusha International Conference Centre (AICC) – Hospital
- Total Care – Clinic
- NSK Hospital
- Avinta Care
- Gemsa Polyclinic

If you have any existing health conditions and would like to purchase the prescribed medication you need, you can contact the local pharmacy.

### Moona's is located in the centre of town and is well-stocked.

|               |                                   |
|---------------|-----------------------------------|
| Pharmacy name | Moona's Pharmacy                  |
| Phone         | +255 754 309 052                  |
| Email         | moonas@ankgroup.co.tz             |
| Opening Hours | Monday to Friday: 9:45am – 5:30pm |
| Saturday      | 9:45am – 2:00pm                   |
| Sunday        | Closed                            |

If you have any health concerns, please contact the Visitor team immediately, who will be able to assist you: +255 787 719 500 / +255 758 305 776.



# Food and Drink

## Rotary or Bondi Kitchen

During your stay, we ask you to contribute US\$15 per day, per person. This is the same rate for weekdays, weekends, and half-days.

Breakfast and dinner will be prepared by our wonderful Tanzanian cook.

For lunches, from Monday to Friday, you are welcome to eat with the students and staff in the dining hall. This is an excellent way of sampling traditional Tanzanian food.

Please remember that you are visiting a developing country, and therefore ingredients that you may take for granted back home may not be readily available here. We do our best to provide a variety of well-balanced meals that are both traditional and western.

Washing up after breakfast and dinner will be done by our cook or cleaner but feel free to lend a hand if you wish!

If you are a vegetarian or have any other dietary requirements, please let us know.

During any of your free time, if you choose to eat outside the school, these meals or snacks will be at your own cost.

## Drinks

**Do NOT drink water directly from the taps (this includes while staying at hotels).**

While staying at the school, you can purchase water from the shops outside the school gate, The Waterhole, or you can boil water in the kitchen.

## Eating out in Arusha

Table service is normal in restaurants, and food is quite cheap. Expect to pay around US\$10 - \$15 for a meal when eating out. Tropical fruits such as bananas, coconuts, pawpaws, mangoes, and pineapples are in abundance.

Be sure to check out our list of recommended restaurants and cafes at the end of this handbook.

## Vegetarians

Tanzania has a large Indian population, so vegetarian food isn't too hard to find when eating out.

You should try these Tanzanian dishes!

**Ugali:** A starchy dish, similar to polenta, made from refined maize flour and often served with green vegetables.

**Maandazi:** A deep-fried snack similar to donut.

**Chapati:** Like its Indian counterpart, this flatbread goes well with soup, stew, or simply as a snack!

For the meat-eaters, make sure you try Kuku (chicken), Mbuzi (goat) or Kiti moto (pork) while you're here.







# Communication

## Internet

Free WiFi is available in most areas of the school, and the password is provided in your itinerary. However, as we share this WiFi with the school, we ask that visitors please be considerate with their usage; please do not use it for downloading large files, such as movies or music.

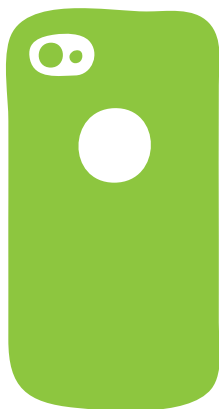
Please understand that while internet access is usually available, there are times when speed or connection problems may arise.

For visitors who require a high-volume of data, local sim cards can be bought with the help of the Visitors team. (Please note: getting a local sim card can be a protracted process, requiring a few hours of your day for registration and purchasing).

It is a good idea to bring a book or two to read!

## Telephone

International calls are difficult to make in some rural areas. Mobile phone coverage is limited to main towns. However, many of our visitors are pleasantly surprised to learn they can communicate with friends and family while in the middle of the Serengeti.



# Money

## Currency

The local currency is Tanzanian shillings (TZS). For up-to-date rates, please use [www.oanda.com](http://www.oanda.com).

## Exchange

- You can exchange US dollars here at the school from 9am to 11am, Monday to Friday. Please visit the Accounts team, who will use [oanda.com](http://oanda.com) for up-to-date exchange rates, at the service window located just outside the Head Office at Sisia Campus.
- You can also exchange US dollars at local banks in Arusha. The banks will give you the Tanzanian Shillings equivalent of the USD amount. (Please note: most banks only accept US cash notes produced no earlier than 2010). Exchange rates for larger bills (e.g., US\$50 or US\$100) have a better exchange rate compared to smaller bills (e.g., between US\$1 to US\$20).

## Credit/Debit cards

There are numerous ATMs located in Arusha, and you can withdraw Tanzanian shillings. (Please note: these ATMs only accept Visa and MasterCard).





# Around Campus

The school has a Visitor's Cleaner who will clean your room from Monday to Saturday. We have washing machines that you are welcome to use during your stay. Please note, that these are shared with our on-campus staff members. There are clotheslines located near the washing machines for your use.

Please be mindful of those living on campus and keep noise to a minimum late at night and early in the morning. Also, please respect the privacy of our on-campus staff.

Please do not go into any classroom without permission and always check with a Visitor team member who will arrange class visits in accordance with the school timetable.

St Jude's Marketing team is constantly updating its promotional materials. We may take photos and videos of you while you are here, which could be used in these materials. If you do not wish to have your image used in promotional materials, please let the Visitor team know.

You are welcome to take photos on the school grounds. However, if you want to take photos of people outside the school grounds, please always ask first to avoid trouble or offending them. Most people are open to taking photos with you or have their photos taken after you've asked. Please do not take photos from our school buses - we have previously had complaints from the local community.

Smoking is NOT permitted in any building on the grounds. However, you may smoke in the open spaces around the visitor's accommodation areas.

***Please do not give your contact details to any students or staff***

(whether you sponsor their academic scholarship or not). They should only contact you through approved St Jude's communication channels. For more information, please ask for a copy of our Personal Communications Policy.

Please note that it is against our school's policy for staff to receive goods directly from visitors. If you have used items you do not wish to take home, please place them in the yellow bin near the Bondi Kitchen. Please ensure items are cleaned before being placed in the bin.







# Language

## Learn Kiswahili

Kiswahili is the primary language of Tanzania, with many people having a basic knowledge of the English language.

Greetings are important, so here are some basic phrases



| Greeting   | Response                               |
|--|--|
| <b>Shikamoo</b> - Respectful greeting to anyone older than you | <b>Marahaba</b>                        |
| <b>Hujambo</b> - Hello to an equal, [literally] Are you okay?  | <b>Sijambo</b> – [literally] I am okay |
| <b>Mambo</b> - Slang version of What's up?                     | <b>Poa</b> - It's cool                 |
| <b>Habari</b> – How are you? What's the news?                  | <b>Nzuri</b> – Good                    |
| <b>Karibu</b> - Welcome  | <b>Asante</b> - Thank you              |
| Other useful words   |  |
| <b>Asante (sana)</b>   | Thank you (very much)                  |
| <b>Kwaheri</b>   | Good bye                               |
| <b>Badaaye</b>   | See you later                          |
| <b>Ndio</b>  | Yes                                    |
| <b>Hapana</b>  | No                                     |
| <b>Hamna shida</b>   | No problem/no trouble                  |
| <b>Hakuna matata</b>   | No problem                             |
| <b>Pole</b>  | Sorry (for you)                        |
| <b>Samahani</b>  | Sorry (excuse me)                      |
| <b>Nzuri</b>   | Good                                   |
| <b>Pole pole</b>   | Slowly, slowly                         |
| <b>Maji</b>  | Water                                  |
| <b>Hapa</b>  | Here                                   |
| <b>Twende</b>  | Let's go                               |
| <b>Lini?</b>   | When?                                  |





# Getting Around

## Dala dala

The main local mode of transportation is the dala dala. These are crowded vans that run at irregular intervals. To catch a dala dala, you can walk to the main road from the school and begin walking towards town. One will pass you, or they will be waiting on the side of the road. The fare for a dala dala should be no more than TZS 600 per ride. Dala dalas are relatively safe; however, it is always advised to keep a close eye on your possessions and only to travel on them during the day.

*It is not recommended to travel via dala dala after dark.*



## School buses

During a regular school day, the school buses go into town at various times. You are more than welcome to catch a lift with one of the buses. Please check with the Visitor team before boarding as they will arrange the most appropriate bus for you to travel on.

## Walking

The walk into town takes approximately one hour. You may want to catch a dala dala half way.

Remember, never go walking outside the school gates at night.

## Taxis

Various taxi options and mobile apps are available if you are venturing into town and wish to take a taxi.

You can contact our trusted local taxi drivers.

- Burhani +255 754 756 700
- Leonard +255 754 568 398

**You can also download and use applications such as:**

## InDriver

A unique and modern type of taxi service, similar to Uber, where you set the price you'll pay for the journey. One of the great things about inDriver is that the app operates in over 400 cities in 30 countries around the world. This means that it should be simple to find one of these freelance taxi drivers offering space in one of their vehicles. It operates 24 hours a day and so it's reliable. Unlike Uber, you will need to pay your driver in cash.

*We recommend you budget US\$10 for transport from Arusha town to St Jude's, Moshono.*



# Going on a Home Visit

While at St Jude's, we can arrange for you to visit the home of one of our students. This is a great way to learn more about Tanzanian culture, our students' home lives and to see more of Arusha.

If you are a sponsor, you will visit the home of the student whose scholarship you sponsor and meet their family. If you do not currently sponsor, this is okay; with 48 hours' notice, we will be happy to arrange a visit for you.

Everything will be arranged for the home visit, including transport to and from the home and a translator. If you have any questions during or after the visit, your translator will be happy to answer.

If you would like to bring a small gift for the student and their family, you are most welcome to. The Visitor team will direct you to the Sponsor Relations team who will check the gift's suitability before your visit.

## Home Packs & Gift Packs

St Jude's provides Home Packs for visitors to take as a gift to the family of the student they are visiting.

Because the items in the pack change from time to time and are also very practical, return visitors can give families the same Home Pack every time they visit. A Home Pack typically includes:

- Sugar
- Rice
- Laundry detergent
- Body soap
- Maize flour
- Plastic container for holding water or for the family to use to wash their utensils and/or clothes
- Mosquito net for the family
- Cooking oil
- Solar light is an optional extra item

To see what other gifts can be organised by the school, please visit: <https://www.schoolofstjude.org/support/gift-packs/>







# Visit our Art Gallery

Welcome to the vibrant world of art at The School of St Jude! Our Student Art Program is a celebration of talent and culture, showcasing the creativity of our students.



The St Jude's Art Gallery, situated on our Sisia Campus, is open Monday to Friday 8:30am – 5:00pm and Saturday 9:00am – 12:00pm.

Feel free to explore at your leisure, and if you find a piece that speaks to you, know that you can take a little piece of St Jude's home with you. Artwork, prints and merchandise can be purchased right at the gallery, ensuring that you can continue to support our students and their artistic endeavors even after you leave.

All purchases at the gallery directly contributes to the growth and development of our Student Art Program. For purchases of all original artworks, a 10% commission is given to the student artist.

We have the facilities to take cash or card purchases. All prices are quoted in USD.

Some of our Visitor rooms have student artwork displayed. If you are interested in purchasing the piece that is displayed in your room, please reach out to our Visitor team.

## Merchandise and art work available online

Feel like you missed the artwork that really spoke to you? Hakuna matata (no worries)! Our online gallery is frequently updated with fresh, new artworks.

**Follow the QR code to our online gallery** to see more artworks and learn more about our Student Art Program.







# How to further your support

St Jude's has been built on the generosity of supporters from around the globe. That generosity comes in all forms, from financial giving to spreading the word. By sharing the St Jude's story, you are helping in ways that you can't even imagine.

We have plenty of materials to help you spread the word...postcards, books, flash drives, articles for your newspaper, presentations, and more!

**Be sure to catch up with our Marketing team while you're here so they can give you all the tools you need to help spread the word about St Jude's!**

## Do a presentation about St Jude's when you return home



On our website, we have downloadable, ready-to-go presentations for those who would like to speak about St Jude's. They are there to guide you, and you can add in your own photos to share your own experience about your visit to Tanzania and St Jude's.

You can host a speaking event for your local school or community group, Rotary Club, workplace, sports club or group of friends.

We also have fact sheets, brochures, and flash drives available upon request so you can pass these on to your friends and family.

## Share your photos with us!



We would love to see photos of your visit! Scanning the QR code provided below would take you to our school website where you can upload photos you are comfortable sharing of your time with us.

With your permission, your photos may be featured in our social media pages or used in our Newsletters.

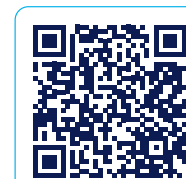
The Google drive on our website also contains a folder where you can download stock photos that you can use in talking about the school to your family and friends as well as a folder with downloadable photos of the activities you have taken part in on your visit taken by our Visitor team.

## Donate or sponsor

St Jude's relies solely on the generosity of supporters to keep our school running. Many of our visitors are already supporting St Jude's financially, and for that, we say a really big THANK YOU!

If you would like to extend your support with a financial contribution, you can make a general donation or become a sponsor. We have information about our sponsorship packages readily available or ask to chat with one of our Donor or Sponsor Relations team members while you're here.

***For supporters in the US, we have a website dedicated to your needs that provides tax deductibility for your gift. Read more on the next page.***



Donate



Sponsor

## Tell your local media about your visit

Local newspapers love to hear about their community member's international adventures! So why not get in touch with them to tell them about your trip to the heart of Africa to visit The School of St Jude?

Our Marketing team makes it as easy as possible to do this by working with you to draft a press release and they are there to any questions you may have about St Jude's. They are also happy to provide additional information and photos from your visit.





# American Friends of The School of St Jude

Are you from the US? Great news, we have American Friends of The School of St Jude (AFSJ) in the US to support you!

**Donations, sponsorships, gift pack purchases and online gallery orders are facilitated through the AFSJ website, just follow the QR code on the right.**

You can contact Cindy Skarbek, President of AFSJ and our friendly Board in the US, who are on the ground in the US, ready to help you.

Feel free to reach out them via this email: [info@afstjude.org](mailto:info@afstjude.org)







# Frequently Asked Questions

## Is St Jude's a religious school?

St Jude's is a Catholic-based school, however we welcome students of any faith or tribe to apply for an academic scholarship. The school has students of Christian, Muslim, and other faiths from 69 Tanzanian tribes. When a student is enrolled at St Jude's their parents acknowledge that, as a Catholic-based school it is unable to commit to providing additional services beyond providing free, quality education.

In general, Tanzania has around 40% Christians and 40% Muslims. Of the remainder, there is a small minority of Asian-Tanzanian Sikhs and Hindus, other minority groups and a small percentage following traditional beliefs. The people of the Arusha region are mainly Christian, whereas the coastal populations of Tanzania are predominantly Muslim.

The government respects all significant Christian and Muslim religious holidays, including Easter, Christmas, Ramadan, and Eid.

In primary school, St Jude's Students have Religion as a subject with a Christian-based curriculum.

As per the Tanzanian Education Board requirements, St Jude's offers the subject Bible Knowledge in secondary school. Grace is said before every meal, and the prayer of Saint Jude is said by all at assembly.



## What is the daily routine at St Jude's?

The daily school routine at St Jude's is very similar to what you would expect at any school.

At 6:30am, 16 school buses leave both Sisia and Smith Campuses to collect the students and staff. The buses cover a wide geographical area and return to the school at around 8am.

Lessons start at around 8:20am and run till 3:40 pm. Each school has a morning tea break and a lunch break (times vary depending on the school).

The primary school has assembly on Friday from 3:50pm, the girls' secondary school on Tuesday at 3:50pm and Smith Campus on Thursday at 3:50pm.

Primary students are dropped home by bus each day. Secondary students stay in the boarding houses throughout the week and weekends and return home during mid-term and term breaks.

## Can I bring guests to the school?

All guests visiting St Jude's must sign in as a visitor and wear the visitors' lanyard provided before coming in the gates.

- Visitors must escort their guests at all times while on St Jude's premises
- Guests who are minors are not permitted to visit St Jude's premises unless they are accompanied by a legal guardian
- Guests cannot be on St Jude's premises between 11pm to 6am unless they have made prior accommodation reservations with the Visitor team
- It is the guards' (askari) responsibility to ask a guest to leave the premises if they stay beyond 11pm. Please respect that they are simply doing their job.

If you have any questions, please chat with the Visitor team.





## Can I contribute or volunteer any work while at St Jude's?

Your offer to help during your stay is very much appreciated. However, with such a high number of locals unemployed and our commitment to help grow the local economy and empower the community, we only offer short-term work (manual labour, construction, etc.) to Tanzanian citizens.

Your Tanzanian tourist visa also prohibits you from working or volunteering

## What are the Personal Communication and Child Protection Policies?

The school has a strict Child Protection Policy and Personal Communication Policy. All visitors are required to sign their compliance with these documents within the registration process before they can enter the school. Overnight visitors are sent the policies a month before, while drop-in day visitors read this documentation on arrival.

## What style of dress is appropriate at St Jude's?

We request that all visitors to St Jude's Campuses respect our values and wear modest and conservative clothing while on school grounds.

Please find the dress code guidelines below:

- No transparent or sheer clothing.
- No tight clothing – i.e. tops, shirts, trousers, dresses.
- No tops with low necklines that reveal cleavage and back or loose necklines that reveal undergarments when leaning forward.
- No display of undergarments (e.g. brassieres and underwear).
- No tops that show midriff.

## And remember...

Be flexible and keep an open mind. Tanzania is still a developing country. It is under-funded and under-educated in many areas, and poverty is widespread. Please be mindful, treat everyone as an equal, and respect your elders.





# Beyond St Jude's

## What happens after Form 6 graduation?

### The Beyond St Jude's Scholarship Program

The Beyond St Jude's Scholarship Program (BSJSP) is here to support our students after they graduate from secondary school at St Jude's. Introduced in 2015, the BSJSP was initially launched to help our Form 6 graduates (A Level) start the next stage of their lives while continuing to develop their leadership and community spirit. The program was expanded in 2020 to include our Form 4 graduates (O Level).

Optional and selective, the BSJSP provides our Form 4 and Form 6 graduates with the opportunity to give back to their communities and then go on to accessing to higher education through a St Jude's supported scholarship.

The program begins with the Community Service Year (CSY; for Form 6 graduates) and Community Service Semester (CSS; for Form 4 graduates), that lasts between nine months to just over a year.

Our CSS and CSY volunteers work in various departments at St Jude's or as teachers in understaffed local government schools. You will see some of them on campus when you visit the school and we encourage you to organise a visit to a local government school so you can see firsthand the incredible impact they are having in the community.

Our community service volunteers give 17,000+ government school students quality teaching each year

Since the program was launched, the Beyond St Jude's Scholarship Program have awarded over higher education scholarships to universities and colleges across Tanzania.

### St Jude's Alumni

Our Alumni team are there to guide and support our Alumni, providing connections, workshops and training to our alumni, helping them with international scholarship and career opportunities. They also help our Alumni Association.

Established in 2018, our Alumni Association connects with our growing cohort of over 1,000 alumni. With a quarterly newsletter, online portal and annual reunion, we foster the love of St Jude's beyond our school gates.

Our Alumni have already come back to us to contribute through volunteering and financial support via the St Jude's Spirit initiative, where any financial donations support our Unsponsored Student Fund. We even have some alumni sponsors!

Alumni often join the school's staff and visit as volunteers, fostering personal and professional networks and celebrating each other's achievements.





# Supermarket and Restaurant guide

## Shops

There is a small shopping district near St Jude's, where a range of groceries, small goods, fruits and vegetables can be bought.

Several modern shopping complexes are scattered around town. These complexes have supermarkets stocked with a range of international products, plus restaurants and specialty stores. The prices and availability of items may vary between stores and restaurants.

## Western food restaurants

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### Amber

- Indian and Chinese cuisine, excellent ambience, salads, burgers, pizzas and many other world cuisines. Nice atmosphere, bar with excellent cocktails, wine and much more.
- Good place for vegan and vegetarian options.
- Open every day from noon to midnight, except Tuesdays 5 pm to midnight.

### Arusha Coffee Lodge

- Located on the outskirts of Arusha town, hidden amongst one of Tanzania's largest coffee plantations, is the Arusha Coffee Lodge. With vast choices of western food and buffets, this is an ideal setting for relaxation.

### Beer Garden

- Outdoor setting with great service, offers a variety of Tanzanian foods, burgers, pasta, and wraps. A variety of vegan options and pure tranquillity with the best views of Meru.

### Blue Heron / Schwari (new location)

- Relaxing environment in a beautiful garden setting. A limited and changing menu that includes a large range of wood-fired pizzas.
- Closed from Monday to Wednesday. Open Thursday to Sunday from 10am to 10pm.

### Fifi's Restaurant and Café

- Café with light meals, good coffee, and bakery bread available.

### George's Tavern and The George (Gastropub)

- Large menu (including kids and vegetarian & vegan dishes) of good Greek food, pizza, sushi and much, much more. Nice outdoor setting with great service.
- Recently opened a pub next door to the main restaurant with pool table and pub-like ambience.
- Open every day except Monday, from 10am – 11pm.

### Gran Melia

- On the pricier side, this large hotel has three different restaurants available, including a Grill restaurant and a rooftop bar. Unique experience with superior comfort and great variety of cuisines.

### Kitamu House

- A café/restaurant that serves breakfast to dinner, drinks and cocktails, and features a unique outdoor setting with live performances on certain nights from 6 to 11pm; has a small gift shop that sells African crafts and a kids' playground.
- Open daily from 7:30am to 11:30pm.





### Hotel Pepe

- Located in a very serene and uptown side of Arusha City. Guests can enjoy the on-site restaurant, with vast choices of best grills, pizza, meat, and fish dishes with the very best lamb roast and ravioli in Arusha town.

### Mount Meru Hotel

- An oasis of tranquility on Tanzanian's gateway to major tourist destinations, uninterrupted views of Mount Meru, pristine landscaped private gardens, great infinity pool, a wide variety of world's delicious foods and drinks. A nice spa and offers the best professional services.

## Local restaurants

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### Andrews

- Best juicy barbecues, sausages, salads, and grilled meat in town. With greenery, spacious and a comfortable environment with an elegant setting and dining.

### Arusha Ribs

- A place to really try the ribs, tasty BBQ meat and a local mesmerizing scenery and atmosphere.

### Goat Street – Kwa Mrombo

- A street full of BBQ goat meat in Arusha worth a visit for all meat lovers.

### Khan's BBQ

- Auto spares store by day and popular BBQ at night! A spread of grilled, skewered meat and salads. No alcohol.

### Kitamu

- A 24-hour coffee and dessert cafe that provides authentically Tanzanian coffee coupled with cakes, and a fusion of local and western savory dishes. Locally-owned with a friendly ambiance to give you a unique Tanzanian gastronomical experience.

### Picasso Café

- Serves pizza, pasta, sushi, sandwiches, salads and drinks. Also has fresh sushi.
- Open every day from 11am to 10pm.

### Rivertrees

- Not far from St Jude's Smith Campus, the restaurant is beautifully set in expansive gardens, the menu offers a variety of tasty meals of garden-grown ingredients, as well as wood-fired pizzas.

### Smileys or Butter and Scotch @ Sable Square

- Introducing an organic approach to food, focus on quality and innovative menu options to create an amazing food experience for all. Set in beautiful gardens.

### Serengeti Coffee Lounge

- Located in the town centre, it has nice coffee, pastries, cappuccino, milkshakes, and a wide variety of cakes. Delicious meals and snacks.

### SP J Pub – Boma Siara

- Serves the best pork dishes in town with a local environment.

### Vintage Café

- Also referred to as 'Yummy Yummy,' this café offers a great taste of local African foods, a variety of drinks and quality services.

### 40-40 lounge

- A sports watching area, offering a garden and a bar. It has evening entertainment and a 24-hour front desk. A spread of chicken curry, crawfish, and a variety of delicious foods and drinks.



## Bars and Clubs

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### Bluestone

- Beautiful scenery, live bands, and music, best local foods in town, variety of soft and hard drinks and a lovely ambience. Best known for its chapati.

### ZeZe Lounge

- It's the best point for pizza lovers and has a lot of cultural events and karaoke. Zeze is a great location to dance, especially on a Thursday night.

## Other

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### Tandoor Village

- Best curry in town offers great Indian cuisine. Authentic and delicious Indian foods that bring India closer to you.

### Peace Restaurant

- Offers the best Chinese cuisine in Arusha town with heart-warming customer service and beautiful Chinese-style decor.

### Herbs and Spices

- This restaurant serves authentic Ethiopian food, which is one of the most unique cuisines in the world. It is vegetarian-friendly and has a fantastic fire pit with an outdoor dining area that warms and enlightens your experience. Warm and attentive service.

### The Hub

- A hive of activity on a Friday and Saturday night, with an outdoor club atmosphere, it is the place to go dancing.
- On Sundays and weekdays, the Hub transforms into a place to unwind, relax and chill while enjoying a Spectacular ambience embodied with classic fresh and tasty drinks and delicious foods.

### Gourmet Basket Arusha

- A small café/dining space in Njiro Complex that sells and serves gourmet meals including homemade pasta, artisanal bread and sandwiches, pastries, different variations of pesto, pizza, hot and cold beverages, jams and sauces—all locally produced.
- Open Monday-Saturday, 10am to 5pm.

### Themi Living Garden Restaurant

- Offers vegetarian lunch in a serene, green space in the heart of Arusha. Ran and managed by local women, the eco-restaurant serves basic meals made from locally grown organic vegetables for as low as US\$2, in a lush garden where you can also observe good farming practices and permaculture.





**The School  
of St Jude**

Fighting poverty  
through education

# Thank you

- We're here to help! If you have any questions, please feel free to ask one of our Visitor team members or staff members around campus.

## Useful contacts

### Visitor team numbers

- 24 hours, please use at your discretion
- +255 758 305 766 or +255 787 719 500

### School phone

- 8:30am – 4:45pm
- +255 755 106 058 or +255 686 049 142



[www.schoolofstjude.org](http://www.schoolofstjude.org)

