



Packing list

CLOTHING

- » **Morning and evening can get very cold**, but by lunch you can get down to a t-shirt. It is recommended you wear layers of clothing to adjust to the climate change.
- » **Winter months** (May till August) can get quite cold, so bring some warm clothes (polo-neck shirt, sweaters, tracksuits, hoodies, etc).
- » **The summer months** (December to February) are very warm and often humid, so lightweight natural fiber clothing is best.
- » There are two rainy seasons - the short rains in October and the long rains are from March to May. Come prepared with an umbrella, light rain jacket and closed shoes.
- » Hiking sandals and/or shoes with traction and good ankle support are recommended. Roads and pathways around the school are normally not smooth so functional and supportive footwear is preferable. Flip flops are great for the shower and walking around your accommodation area.
- » Towels will be provided, but if you wish to bring your own, please do.
- » There are strict dress codes, and we request all visitors to St Jude's Campuses respect our values and wear modest/conservative clothing while on school grounds.

PERSONAL ITEMS

- » Insect repellent and sunscreen. Although you can get these items locally if needed.
- » Enough personal toiletries for the duration of the stay.
- » Razors (good quality can sometimes be hard to find here).
- » Hair dryer – only if essential as school management would prefer that hair dryers not be used.
- » Dental floss (this item is typically poor quality in Tanzania).
- » Enough female hygiene products for the duration of the stay (although you can get them locally if needed).
- » Small padlock/s for locking your precious items in your room drawer or suitcases.
- » Handbag or small backpack/daypack with zips for everyday use.





ELECTRICAL

- » **We use Type G** (Irish/British 3 pin which is 220V-240Volts). It is advisable to carry your own adapter.



Figure: An example of what the Tanzanian socket looks like.

- » **Laptops** – most visitors use their laptops for calling and emailing home etc. Wi-Fi internet is available in most areas of the school. We ask however that visitors only use the Visitor Wi-Fi for essential purposes (not for activities such as downloading movies, music, etc).
- » **Cameras** – with a memory card(s), charger and/or enough batteries for the duration of your stay.
- » **Mobile phone and charger** – if you have your own phone you would like to bring, make sure it has International Roaming set up.

DOCUMENTS

In case of any acute or chronic medical condition, it is advised to bring a prescription with you. Make sure that none of your travel documents will expire during the course of your stay. It is important to note that many countries that a visa is needed to enter will require at least six months' validity on your passport when entering the country.